



## Our First Memory

Reflect on your first meeting or the earliest memory you have together.



## What Makes Us Strong

What are the unique qualities in your relationship that make it resilient?



## Gratitude List

Write about things you're thankful for  
in your partner and your relationship.



## Growth Together

How have you both changed as individuals since you met? How have you grown together?



## Dreams for the Future

What shared dreams or goals do you  
both have for the future?



## What I Admire Most

Write about something you deeply  
admire or respect about your partner.



## Challenges We've Overcome

Recall a challenging moment you faced  
together and how you handled it.



## What I Need from You

*Reflect on how you can better support  
each other emotionally.*





## Unspoken Moments

Write about a time when words  
weren't necessary to communicate  
with each other.



## Our Love Story

Describe your relationship as if you're  
telling it to someone who's never  
heard about it before.



## Little Things Matter

What are the small, everyday gestures  
that make you feel loved and  
appreciated by your partner?



## When We're Apart

How do you feel when you're apart from each other? What do you miss most, and how do you stay connected?

## Printing Instructions:

### MacBooks

To print more than one bookmark on a page:

1. Click Print
2. Set pages to 18 (lower field)
3. Click on preview
4. Click Layout
5. Change to 2 or 4
6. Print

### Other computers

To print more than one bookmark on a page:

1. Click Print
2. Set pages to 18 (lower field)
3. Click on preview
4. Click more settings
5. Click pages to print
6. Select 2 or 4
7. Print