



*cozy*  
VIBES





# quotes

## TO LIVE BY...

"KEEP YOUR FACE TOWARD THE SUNSHINE, AND  
SHADOWS WILL FALL BEHIND YOU."  
-WALT WHITMAN

"ATTITUDE IS A LITTLE THING THAT MAKES A  
BIG DIFFERENCE." -WINSTON CHURCHILL

"DON'T SIT DOWN AND WAIT FOR  
OPPORTUNITIES TO COME. GET UP AND MAKE  
THEM." -MADAM C.J. WALKER

"IT IS DURING THE DARKEST MOMENTS THAT WE  
MUST FOCUS TO SEE THE LIGHT." -ARISTOTLE

"BELIEVE YOU CAN AND YOU'RE HALFWAY  
THERE." -THEODORE ROOSEVELT

"GIVE LIGHT AND PEOPLE WILL FIND THE WAY."  
-ELLA BAKER



# *journaling*

## PROMPTS

HOW CAN I SHOW MORE  
GRATITUDE?

HOW CAN I MAINTAIN MY  
HAPPINESS?

WHAT ARE THREE WAYS I CAN SHOW  
MYSELF AND OTHERS GRACE?

WHAT IS MY FOCUS FOR 2025?

HOW CAN I STRENGTHEN MY SELF-  
WORTH?



# *lists*

## PROMPTS

LIST TEN THINGS THAT MADE ME  
HAPPY TODAY.

LIST FIVE MOVIES THAT I COULD  
WATCH OVER AGAIN.

LIST ONE PERSON I WOULD DIE  
FOR.

LIST THREE FOODS I COULD EAT  
FOR THE REST OF MY LIFE.

LIST TEN OF MY FAVORITE SONGS.

## Printing Instructions:

### MacBook:

To print more than one bookmark on a page:

1. Click Print
2. Set paper to US Letter 8.5x11
3. Click on portrait
4. Click Layout
5. Change to 2 or 4
6. Print

### Other computers:

To print more than one bookmark on a page:

1. Click Print
2. Set paper to US Letter 8.5x11
3. Click on portrait
4. Click more settings
5. Click pages to print
6. Select 2 or 4
7. Print