



Hope

What are you hopeful for?



Love

What do others love about
you?



Courage

When was the last time you had
the courage to do something
scared?



Joy

What brought joy to your life
today?



Peace

I am most peaceful when?



Strong

In what ways can you improve
your strength?



Community

*How can I give back to my
community?*



Self-less

What's the most selfless thing I
have done and would I do it
again?



Family

What do I value about my *family*
the most?



Growth

In what areas of my life have I
grown over the last year?



Healing

Identify two areas of your life
where you need healing



Letter

Write a letter to your younger
self.

Printing Instructions

Instructions

The paper must show your handwriting on its page:

- 1. A title (Title)
- 2. Six paragraphs (6) (Numbered 1-6)
- 3. A title (Title)
- 4. A title (Title)
- 5. A title (Title)
- 6. A title (Title)

Other requirements

The paper must show your handwriting on its page:

- 1. A title (Title)
- 2. Six paragraphs (6) (Numbered 1-6)
- 3. A title (Title)
- 4. A title (Title)
- 5. A title (Title)
- 6. A title (Title)